

The Boudoir Wardrobe Checklist

A little inspiration for feeling entirely yourself.

LINGERIE & LAYERS

- ☐ A matching bra and panty set
- ☐ A bodysuit or teddy
- ☐ A corset or bustier
- ☐ A lace or sheer robe
- ☐ A beautiful slip or chemise
- ☐ A favorite oversized button-down
- ☐ Something bold or unexpected
- ☐ A personal or sentimental piece

FINISHING TOUCHES

- ☐ Heels you love
- ☐ Stockings or thigh-highs
- ☐ Garter belt (if wearing stockings)
- ☐ Jewelry or body jewelry
- ☐ Bridal accessories, if applicable

CHOOSE YOUR MOOD

Romantic: delicate lace, soft neutrals, flowing robes and pretty details.

Confident: structured bodysuits, rich colors, strappy details and statement pieces.

Classic: a beautifully fitted black set, crisp white shirt or timeless silk.

SHOPPING INSPIRATION

Start in your closet

Your favorite pieces can photograph beautifully. You do not need to buy everything new.

Mix investment & affordable finds

I love luxury lingerie, but a well-fitting budget piece can look equally gorgeous in photos.

Shop with enough time

Check size charts and return policies. Fast shipping can be helpful for last-minute finds.

A NOTE FROM CRITSEY

Bring options, not pressure. We will look through what you brought together and choose the pieces that photograph best. You never need to know how to pose. I will guide you every step of the way.

Ready for Your Session

A calm, simple plan for the days before your shoot.

BEFORE THE SESSION

- ☐ Try on every outfit
- ☐ Check fit, comfort and support
- ☐ Remove visible tags and stickers
- ☐ Steam or gently press wrinkles
- ☐ Inspect clasps and straps
- ☐ Pack a few extra outfit options
- ☐ Set aside matching accessories
- ☐ Share inspiration photos if you like

THE DAY OF YOUR SHOOT

- ☐ Wear loose-fitting clothes
- ☐ Avoid tight socks and waistbands
- ☐ Eat and hydrate beforehand
- ☐ Pack your wardrobe in one bag
- ☐ Bring a relaxed, open mind

MY FAVORITE WARDROBE ADVICE

Fit comes first

Choose pieces that fit you comfortably today, rather than buying for a size on the label.

Texture photographs beautifully

Lace, mesh, satin, velvet and delicate details add depth and interest.

Bring a little variety

Try a mix of silhouettes, colors and coverage levels, rather than five similar sets.

It should feel like you

Soft and romantic, daring and dramatic, or somewhere in between: there is no single right look.

A LITTLE SHOPPING HELP

Explore wardrobe inspiration and affordable last-minute finds in my curated Amazon storefront, linked from the What to Wear blog post.

YOU ARE IN GOOD HANDS

You do not have to arrive feeling confident or have every detail figured out. Just come as you are. We will create something beautiful together.

xo, Critsey